



PERSONAL EXPOSURE RECORDING SYSTEM



EXPOSURE REPORT FORM Name _____ (1) Social Security Number _____
(1A) Local Union # _____ (2) Incident Date _____ (3) Alarm Time _____ (4) Incident Time _____

I. (5) INCIDENT OR EXPOSURE TYPE (check one)

- (1) ☐ Residential Fire (2) ☐ Industrial Fire (3) ☐ Vehicle Fire (4) ☐ Commercial Fire (5) ☐ Wildland Fire
(6) ☐ Trash/Dumpster (7) ☐ Marine Fire (8) ☐ Explosion (9) ☐ Medical Aid/Rescue (10) ☐ Haz-Mat
(11) Other (describe in one or two words) _____
(6) More detail on type of structure (single family, firehouse, etc...) _____

II. LENGTH OF EXPOSURE BY FIRE STAGE / ACTIVITY

Fire Stage:	Mins/Hrs exposed (Please Write In)
(7) Incipient	
(8) Free Burning	
(9) Smoldering	
(10) Non-Fire Incident	

Activity:	Mins/Hrs exposed (Please Write In)
(11) Extinguishment	
(12) Entry/Ventilation	
(13) Rescue/Extrication	
(14) Light Overhaul	
(15) Heavy Overhaul	
(16) E.M.S.	
(17) Investigation	

III. SMOKE/CHEMICAL/MEDICAL EXPOSURE

(18) Smoke condition: (L) ☐ Light (H) ☐ Heavy (N) ☐ None (19) Smoke Colors _____

Chemicals Present		Vapor/Gas Dust Heavy Mist Light Mist Combust Prod Solid Powder						Comments	
(20)									
(21)									
(22)									
(23)									

(24) Medical Exposure: ☐ HIV ☐ Hepatitis B ☐ Blood ☐ Other: _____
(25) Route of Exposure: (1) ☐ Inhaled (2) ☐ Ingested (3) ☐ Skin Contact (4) ☐ Eye Contact (5) ☐ OPR

IV. SYMPTOMS

At Incident	Symptom	After Incident
(26)	Eyes Burn	
(27)	Cough	
(28)	Cough Blood/Nose Bleed	
(29)	Nose/Lung Irritation	
(30)	Nausea/Queasiness	
(31)	Dizzy	

At Incident	Symptom	After Incident
(32)	Ears Ringing	
(33)	Headache	
(34)	Skin Irritated/Rash	
(35)	Unconscious	
(36)	Other:	

V. MEDICAL DIAGNOSIS

(37) Did you receive medical evaluation or treatment from a medical professional after exposure? ☐ Yes ☐ No
Official Medical Diagnosis: (38) ☐ Smoke Inhalation (39) ☐ Contact Dermatitis (40) ☐ Respiratory Tract Irritation
(41) ☐ Other: _____

Name of Doctor/Treatment Facility: _____

VI. PROTECTIVE EQUIPMENT / DECONTAMINATION

Were you provided with protective equipment for this incident other than that required by OSHA? (SCBA is required) (42) ☐ Yes ☐ No
☐ Chemical Protective Suit ☐ Overhaul Mask ☐ Other: _____
Were decontamination procedures followed after the exposure? (43) ☐ Yes ☐ No
Describe: _____

VII. CO-WORKERS AT TIME OF EXPOSURE

Please list names of other firefighters working close to you at time of exposure. (44) _____

VIII. ADDITIONAL INFORMATION: Were you asleep at the time of alarm? (45) ☐ Yes ☐ No

Other information: (46) _____